



# Wanstall Consulting

## Wills & Estate Planning

### ***Some recommendations for when someone is going into care***

Like many, we have recently experienced the extremely difficult and upsetting challenges of a parent moving into care. I wanted to share some recommendations that I hope you may find helpful.

#### **Plan in advance**

Start planning as soon as practical, such as visiting care homes and seeing specialist financial advisors.

#### **Three legal documents are key**

(NB - only the person themselves can instruct a legal advisor to prepare these.)

1. *Will*. Review any existing Will to check it still covers their wishes. If there is no Will, see a specialist legal advisor to try and prepare one, if the person still has sufficient capacity.
2. *Property and Financial Affairs Lasting Power of Attorney (LPA)*. This enables their attorneys to look after their finances and related matters. This includes sorting out bank accounts and payments, selling the home if necessary, and working with the care home.

3. *Health and Welfare LPA*. This authorises the attorneys to make decisions, such as choosing the actual home and working with the care home about day-to-day matters, including authorising vaccinations, if they are no longer able to make such decisions themselves.

Without both LPAs, helping to look after a loved one in care (or going into care) can be very problematic and traumatic for all parties.

All of the above can provide peace of mind for both the person going into care and for their family. Seeing a specialist legal advisor, experienced in advising and assisting clients and families in such times, can help with this.

If you would like to discuss any of the above, or related matters, please contact me on [iain@wanstallconsulting.co.uk](mailto:iain@wanstallconsulting.co.uk) or 01296 415700. You can also find more information on my website: [www.wanstallconsulting.co.uk](http://www.wanstallconsulting.co.uk).

**“Keep busy, keep well and, above all, keep smiling!”**